

FARM TO EVERYTHING!

A Quarterly Newsletter from the NJDA Farm to School Team

Summer 2018 Volume 9

2018 Summer Newsletter

Summer time, and the living is...

The Farm to School team at NJDA would like to wish you all a safe and healthy summer. We hope that you are reading this newsletter while stretched out on a beach or reading a book with a cup of tea. We live in a world of such extremes, it is always good for us to stop and smell the roses.

We're getting our plans in place for Jersey Fresh Farm to School Week, which takes place September 24-28, 2018. Our Jersey Tastes Tomato celebration will take place on Tuesday, September 25th, so start sourcing your tomatoes now to join in on the fun.

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July is the month for PEPPERS!

July is the month for peppers!

Check out our Jersey Tastes PEPPER flyer that is downloadable and can be used in classroom and cafeteria alike to highlight this prolific summer staple.

Check out our two-sided, downloadable seasonality card for peppers that shows how they grow, what it looks like and what it can be made into for delicious taste tests and meals.

Send us your recipes so that we can start to compile a list of recipes you're using for Farm to School menus and classroom instruction.



Growing, Cooking, Serving



FARM TO SCHOOL:

Schools across the state will be featuring items grown in New Jersey in school meals and classroom instruction during this year's *Jersey Fresh Farm to School Week*, September 24-28, 2018.

<u>Plan now to purchase</u> New Jersey tomatoes for

September's Jersey Tastes Tomatoes Celebration!





FARM TO SUMMER:

The NJDA Summer Food Service Program is up and running for Summer 2018 with summer feeding sites making plans for activities and Farm to Summer menu items.

Click <u>here</u> to learn more and create menus offering foods grown on New Jersey farms.



FARM TO PRESCHOOL:

NJDA Secretary Fisher visited
Alphabets Preschool in Asbury
Park in April to highlight the
school's embrace of all things
Farm to Preschool.

From scratch cooking, to hands-on school garden lessons taught in the school's garden, this preschool represents the ways in which the youngest among us can learn to love fresh fruits and vegetables.



We want to hear from you!

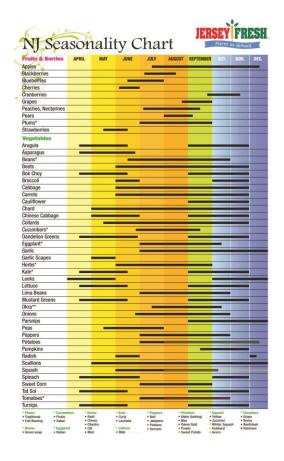
Tell us what you did during *Jersey Fresh Farm to School Week* and if you're celebrating *Jersey Tastes!* with local produce tastings!

Send an email to newjerseyf2s@ag.nj.gov or call us at 609-292-8747 so we can highlight your events featuring local procurement, gardens and nutrition education with local produce on social media.

Follow Us!



Click the seasonality chart to see what grows in the Garden State!





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